

March/April 2022



Microwave rice sachets (plain & flavoured)
Cup-a-soups, Mug-shots and similar
Instant coffee
UHT milk (blue & green)
Stir-in and jars of pasta sauce (not curry)
Long-life sponge puddings and custard
Pot noodles and noodles
Sugar 1kg and 500g bags
Toiletries for men & women esp. deodorants



Not Needed at the Moment

We are well stocked with baked beans, tinned pies, pasta, tinned soup, cereals, tea, loo rolls, chocolate, sweets and biscuits so please do not donate these

Please note we cannot accept alcohol, fresh, homemade, open or out of date foods



Registered Charity in England & Wales Number 1158460

07582 783363 or email us info@rutland.foodbank.org.uk

36 Melton Road, Oakham, LE15 6AY (next to Domino Pizza)

We are open to receive donations Mon-Fri 10.00 – 12.00