



Reverse ADVENT CALENDAR

**Don't buy a chocolate
calendar, donate instead!**

Please collect during **November** and bring your donations to the Foodbank by **Friday 15th December** so we have time to distribute.
Email address: info@rutland.foodbank.org.uk Telephone: 07582 783363

1 Christmas biscuits	2 Chocolate Orange	3 Selection box	4 Cheese biscuits	5 Tinned vegetables	6 UHT milk
7 Bottle of squash	8 Jelly	9 Long life fruit juice	10 Stock cubes (veggie and meat)	11 Tinned meal-Veggie chilli, chicken in sauce etc.	12 Blowing bubbles
13 Trifle mix boxes	14 Pack of crayons/pens	15 Colouring book- adult or child	16 Gravy granules Meat and veggie	17 Dove or Lynx gift sets	18 Tinned corned beef
19 Tub of chocolates	20 Tin of Custard	21 Crisps or Pringles	22 Tinned Salmon/tuna	23 Tinned pies Meat and veggie	24 Tinned ham or chicken

rutland.foodbank.org.uk

Registered Charity in England & Wales (1158460). 'Your donations will be going to the Rutland foodbank – a registered charity which is part of the Trussell Trust network' to help local people this Christmas.