Rutland Foodbank
Together with Trussell

Reverse ADVENT CALENDAR

Don't buy a chocolate calendar, donate instead!

During NOVEMBER get together with friends and family to donate
Bring your donations to the Foodbank at 36 Melton Road, Oakham by Friday 4th December so we have time to distribute. Not sure what to do, then call us on 07582 783363

1 **Christmas biscuits**	2 **A Chocolate Orange**	3 **Selection box**	4 Cheese biscuits & crackers	5 Tinned ham, corned beef or chicken	6 **Fluffy socks / gloves**
7 Bottle of squash	8 Chocolate Coins	9 **Long life fruit juice**	10 **Mayo, ketchup, sauces**	11 **Tinned veggie meals**	12 Blowing bubbles
13 **Hot chocolate drinking powder**	14 Pack of crayons/pens	15 **Colouring book for adult or child**	16 **Long-life sponge puddings**	17 Dove, Lynx, Nivea gift sets	18 **Jar of Jam**
19 Tub of chocolates	20 **Tin of Custard**	21 Crisps or Pringles	22 **Tinned salmon**	23 **Tinned pies meat or veggie**	24 **Stocking fillers**

rutland.foodbank.org.uk

Registered Charity in England & Wales (1158460). Your donations will be going to the Rutland foodbank – a registered charity which is part of the Trussell network to help local people living in Rutland this Christmas.